



Patient Name: \_\_\_\_\_

**360 CHIROPRACTIC, P.S.**  
**CHIROPRACTIC | MASSAGE | LL LASER THERAPY**

## Patient Intake Form

### **DEMOGRAPHICS**

Legal Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_ ☐ Male ☐ Female

Address: \_\_\_\_\_ APT# \_\_\_\_\_ SSN: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Which method is the best to reach you? ☐ Cell ☐ Home ☐ Email ☐ Work

**Receive appointment reminders:** ☐ Text ☐ Voice ☐ Email ☐ Decline

Marital Status: ☐ Single ☐ Married ☐ Other

Job Status: ☐ Not Employed ☐ Employed ☐ Retired ☐ Part- Time Student ☐ Full- Time Student

Employer's Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Race: ☐ White ☐ African American ☐ American Indian/Alaskan Native ☐ Asian ☐ Native Hawaiian/Pacific Islander ☐ Other \_\_\_\_\_ ☐ I choose not to specify

Ethnicity: ☐ Not Hispanic or Latino ☐ Hispanic or Latino ☐ I choose not to specify

Preferred Language: \_\_\_\_\_

Do you smoke?

Smoking (Packs per day) ..... ☐ Never ☐ <1 ☐ 1-2 ☐ 2-3 ☐ 3-4 ☐ 5+

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about us?: ☐ Friend: \_\_\_\_\_ ☐ Relative: \_\_\_\_\_ ☐ Internet ☐ Other

### **CURRENT CLAIM INFORMATION**

Is your complaints do to any of the following: ☐ Auto Accident ☐ Work Injury

I have opened a claim: ☐ Yes ☐ No What was your date of injury?: \_\_\_\_/\_\_\_\_/\_\_\_\_

Claim number: \_\_\_\_\_

### **INSURANCE INFORMATION (IF APPLICABLE)**

Insureds First Name: \_\_\_\_\_ Insureds Last Name: \_\_\_\_\_

Insureds DOB: \_\_\_\_\_

Insurance Name: \_\_\_\_\_ ID/Policy#: \_\_\_\_\_

Group#: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_

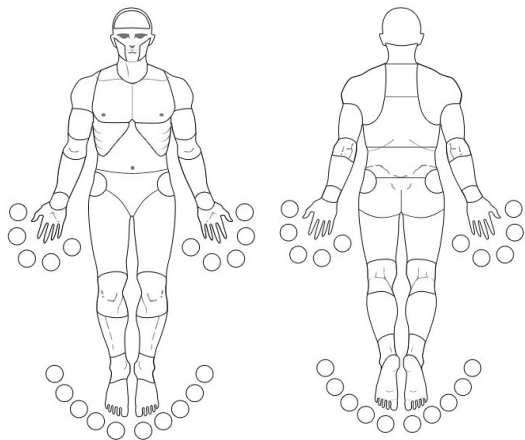


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**COMPLAINTS**

1. Please shade in the area on the diagram where you are experiencing pain or other symptoms.



2. List your complaints in order of most to least pain along with the pain rating. (0-10 with 0 being no pain and 10 being the worst pain imaginable)

- A. \_\_\_\_\_  
B. \_\_\_\_\_  
C. \_\_\_\_\_  
D. \_\_\_\_\_

Date Symptoms Began: \_\_\_\_\_

**Description of pain:** (label which complaint has this description)

- ☐ Aching   ☐ Burning   ☐ Cramping   ☐ Deep   ☐ Dull   ☐ Numbness   ☐ Radiating   ☐ Sharp  
☐ Shooting   ☐ Stabbing   ☐ Swelling   ☐ Tenderness   ☐ Tight   ☐ Throbbing   ☐ Weakness   ☐ Other:

**Frequency:**

- ☐ Constant (100%-75%): \_\_\_\_\_  
☐ Frequent (75%-51%): \_\_\_\_\_  
☐ Intermittent (50%-26%): \_\_\_\_\_  
☐ Occasional (25% or less): \_\_\_\_\_

**What makes your symptoms worse?**

- ☐ Nothing   ☐ Bending   ☐ Coughing   ☐ Exercise   ☐ Reaching   ☐ House chores   ☐ Lifting  
☐ Looking up/down   ☐ Sleeping/Lying   ☐ Sneezing   ☐ Sitting   ☐ Standing   ☐ Stairs   ☐ Straining at stool  
☐ Twisting   ☐ Turning   ☐ Walking   ☐ Other: \_\_\_\_\_

**What makes your condition better?**

- ☐ Nothing   ☐ Exercise   ☐ Heat   ☐ Ice   ☐ Massage   ☐ Medication   ☐ Standing/Sitting   ☐ Rest  
☐ Other: \_\_\_\_\_

Have you had chiropractic treatment before: ☐ Yes   ☐ No



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**Do you suffer from Headaches?** Yes/ No (if yes, please complete the headache section)

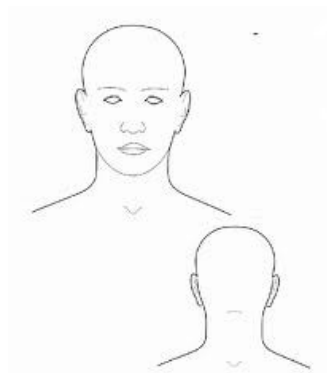
*Shade the area of Headaches when occur.*

1. On what date did your headaches begin?

Date: \_\_\_\_\_ ☐ Same date as other symptoms  
☐ Gradually ☐ Sudden

2. Description of Headache Pain:

- |                                      |  |                                  |
|--------------------------------------|--|----------------------------------|
| <input type="checkbox"/> Dull        | <input type="checkbox"/> Deep                | <input type="checkbox"/> Aching  |
| <input type="checkbox"/> Sharp       | <input type="checkbox"/> Vice-like           | <input type="checkbox"/> Burning |
| <input type="checkbox"/> Stabbing    | <input type="checkbox"/> Throbbing/Pulsating |                                  |
| <input type="checkbox"/> Other _____ |  |                                  |



3. When do your headaches usually start?

- ☐ Constant/Anytime awake  
foods  
☐ Wake up with in the morning  
☐ At midday  
☐ During the evening

4. What seems to bring on your headaches?

- ☐ Physical activity ☐ Caffeine ☐ Certain  
☐ Menstrual Period ☐ Excessive Stress  
☐ Other: \_\_\_\_\_

5. How often do your headaches occur:

- ☐ \_\_\_\_\_ times per week  
☐ \_\_\_\_\_ times per month  
☐ Other: \_\_\_\_\_

6. How long do your headaches last?

- ☐ Less than 1 hour ☐ From 1-3 hours  
☐ Longer than 3 hrs ☐ Several hours to days  
☐ Other: \_\_\_\_\_

7. Do any of the following occur with your headaches?

- ☐ Weakness ☐ Dizziness  
☐ Tremor ☐ Light/Sound sensitivity  
☐ Vision problems ☐ Other: \_\_\_\_\_

8. What makes your headaches better?

- ☐ Nothing ☐ Rest ☐ Lying down  
☐ Massage ☐ Ice/Cold packs ☐ Standing  
☐ NSAIDS (Aspirin, Tylenol, etc.) ☐ Chiropractic  
☐ Other: \_\_\_\_\_

9. Do your headaches wake you from sleep?

- ☐ No ☐ Sometimes ☐ Always

10. Have you ever suffered a concussion? Yes/ No (If so how many?) \_\_\_\_\_



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**HEALTH HISTORY**

Medications (+ Dosage) / Vitamins/ Minerals:


Allergies (Medication, Food, Environmental):


Surgeries/ Hospitalizations/ Traumas (Include Date):


**REVIEW OF SYSTEMS**

☐ **None of the symptoms listed below**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> General fatigue/weakness | <input type="checkbox"/> Hay Fever                  | <input type="checkbox"/> Asthma              |
| <input type="checkbox"/> Nose/sinus pain/Pressure | <input type="checkbox"/> Nose Bleeds (chronic)      | <input type="checkbox"/> Nasal Discharge     |
| <input type="checkbox"/> Decreased Hearing        | <input type="checkbox"/> Earache                    | <input type="checkbox"/> Ear infections      |
| <input type="checkbox"/> Ringing in Ears          | <input type="checkbox"/> Poor Balance               | <input type="checkbox"/> Dizziness/ Fainting |
| <input type="checkbox"/> Sore Throat              | <input type="checkbox"/> Difficulty Swallowing      | <input type="checkbox"/> Dry Mouth           |
| <input type="checkbox"/> Frequent Urination       | <input type="checkbox"/> Difficulty Urinating/Pain  | <input type="checkbox"/> Kidney Stones       |
| <input type="checkbox"/> Diabetes: Type I or II   | <input type="checkbox"/> Kidney Infections          | <input type="checkbox"/> Prostate trouble    |
| <input type="checkbox"/> Change in Appetite       | <input type="checkbox"/> Change in bowel or bladder | <input type="checkbox"/> Constipation        |
| <input type="checkbox"/> Diarrhea                 | <input type="checkbox"/> Nausea                     | <input type="checkbox"/> Abdominal Pain      |
| <input type="checkbox"/> Heat/Cold Intolerance    | <input type="checkbox"/> Night Sweats               | <input type="checkbox"/> Excessive Thirst    |
| <input type="checkbox"/> Bruise Easily            | <input type="checkbox"/> Swollen extremities        | <input type="checkbox"/> Leg Cramping        |
| <input type="checkbox"/> Rapid heartbeat          | <input type="checkbox"/> Chest pain                 | <input type="checkbox"/> Heart palpitations  |
| <input type="checkbox"/> Heart murmur             | <input type="checkbox"/> Anxiety                    | <input type="checkbox"/> Depression          |
| <input type="checkbox"/> Memory Loss              | <input type="checkbox"/> Nervousness                | <input type="checkbox"/> Stress              |



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*Other Symptoms/ Diagnosis/ or Complaints  
not listed:*

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**Female:** Please fill in all that apply:

Are you pregnant? Circle: Yes      No

Number of pregnancies: \_\_\_\_\_

Number of Deliveries: \_\_\_\_\_

Patient Name Printed: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Doctor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_